



# The BUILDER

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## Upcoming Events

**Monday, Sept 2**

**Labor Day**

**ALL LOCATIONS**

**CLOSED**

**Tuesday, October 22**

**Vendor Expo & BBQ**

**Hendersonville Store**

## By The Numbers

According to the Hanley Wood Housing 360 Survey, elderly homeowners spend considerably more on home renovations than younger ones.

**71.5 million**

**The number of U.S. residents 65 and older by 2030.**

(Source: U.S. Census Bureau)

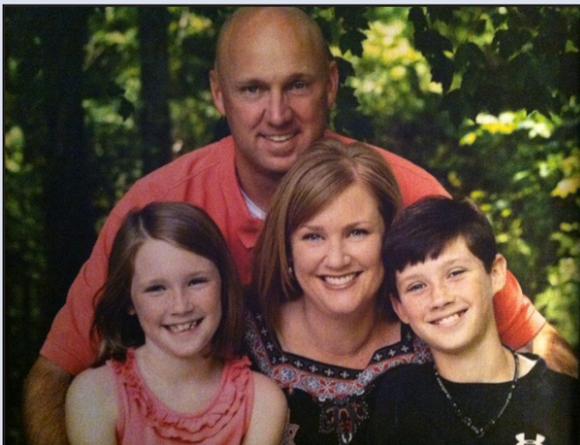
## GBS Voted BEST OF THE UPSTATE

GBS Building Supply was just voted Best of the Upstate in two categories: Building Supply and Cabinetry. We are honored by the selection and want to thank our customers and readers of The Greenville News for voting for us. Our team has worked hard this year to stay competitive and meet our customers' needs. Thank you for recognizing our efforts, and challenging our team to be the BEST every year.

The final phase of our Mauldin showroom renovation is almost complete. Stop by to see the expanded line of window and cabinetry displays, as well as other product offerings that keep GBS on the leading edge of products, service, and solutions.



## Employee Spotlight: Ross Coggins



Ross Coggins has been employed for nine months as the Store Manager in both Anderson and Six Mile, SC, capping off a 19-year career in the building industry. He has very quickly endeared himself to GBS customers and employees alike with his can-do attitude, engaging personality, and leadership abilities. Ross is an integral member of the GBS management team.

Ross says his favorite thing about working at GBS is the people, whom he describes as “great and hard-working employees that truly care about the company and each other.”

Ross and his wife, Leslie, have been married for 14 years this October. They have two children, Mitchell (12 years old) and Lauren (9 years old). The Coggins family is very active at NewSpring Church in Anderson.

On the weekends, Ross and Leslie enjoy working on home projects. Mitchell and Ross play a variety of sports together, while Lauren likes to challenge her dad to board games. And – Ross admits this sounds crazy – he loves yard work, adding that this time is “very therapeutic” for him. After the yard work is done,

you might catch Ross eating a cheeseburger (his favorite food) while watching one of his favorite teams – the Clemson Tigers, Atlanta Braves, or Washington Redskins – play ball.

GBS customers are in great hands with Ross. He’s quick with a smile, extremely knowledgeable, and ready to provide top-notch service. If you haven’t met Ross yet, stop by the Anderson or Six Mile store today and say hello!



### From our CEO

Partners,  
I hope this newsletter finds you all well and that your businesses are moving along with the economy. For now, things seem to be moving in the right direction. I'm pleased to share with you that GBS is starting to make investments in our business as well. As they say, "A rising tide floats all boats."



You will soon see additional GBS vehicles on the road, and we are making some investments in our business that will decrease our turnaround time in all respects, from design to delivery. We are working to stay competitive and to meet your needs better. Our intent is to have your continued commitment to us pay off with better service. Speaking for all the team members here at GBS, thank you for working with us to enable these improvements and for partnering with us thus far. We look forward to the opportunity to serve you even better as we continue to grow.

Bob Barreto  
Chief Executive Officer

## Wellness Corner: Hydration Fact Sheet

As summer heats up, please take note of these important facts regarding hydration.

- It is recommended that adults drink eight 8-ounce glasses of water each day.
- We lose a pint or more of water every day simply by breathing!
- The body tends to dehydrate while traveling, particularly on airplanes. An additional 8 oz. of water per hour is suggested.
- Exposure to summer heat requires additional water. The body uses a great deal of water through skin-cooling perspiration.
- For regular exercisers maintaining a constant supply of water in the body is essential to performance. Dehydration leads to muscle fatigue and loss of coordination. Even small amounts of water loss may hinder athletic performance.
- One of the best ways to recognize dehydration is to pay close attention to the color of your urine. Ideally, light to clear urine indicates proper water intake.
- Besides thirst, other signs of dehydration are a dry mouth, sleepiness, irritability, weakness, dizziness, and a headache. The first thing you should do if you experience any of these symptoms is to drink plenty of water. If possible, get out of the sun and rest. Serious dehydration may require medical attention.



**Jessica Shuford**  
GBS Wellness Nurse

*“It is not what you say you believe that is important, but what you model, encourage, reward and let happen.” – Author Unknown*

Thank you for believing in the GBS team and allowing us to be a part of your business.

## Product Highlight: GP Engineered Lumber

When you need cost-effective high performance in floor and roof systems, beams and headers, or rim boards for frame construction, Georgia-Pacific engineered lumber products outperform conventional lumber with higher strength and greater stability over longer spans.

GBS is excited to announce the addition of **James Maples** to our Engineered Wood team. James is relocating to Greenville from Alabama to help GBS provide the best engineered wood service and solutions for our customers. James is recognized across the Southeast for his experience and expertise in this department. Stop by the Mauldin store to meet James and extend a hearty Upstate welcome!



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